



clip and save

## Symptom Log

Chief complaint: \_\_\_\_\_

Description of symptom/s: \_\_\_\_\_  
\_\_\_\_\_

Severity of symptoms (on a scale of 1 to 10): \_\_\_\_\_

Approximate date symptom first presented:  
\_\_\_\_\_

Observations: \_\_\_\_\_  
\_\_\_\_\_

### Relevant details:

- Fever
- Rash/sores/itching
- Pain (location, severity on scale of 1 to 10)
- Tenderness
- Nausea/vomiting
- Diarrhea
- Swelling/redness
- Cough/discharge
- Dizziness/visual changes
- Shortness of breath
- Bleeding
- Weakness/fatigue
- Missed period
- Other \_\_\_\_\_

Medications or other actions taken to relieve symptoms:  
\_\_\_\_\_  
\_\_\_\_\_

Results:  
\_\_\_\_\_  
\_\_\_\_\_